**Light on Yoga**

[https://www.amazon.com/Light-Yoga-B-K-Iyengar/dp/0805210318/ref=sr\_1\_1?ie=UTF8&qid=1472652221&sr=8-1&keywords=light+on+yoga](https://www.amazon.com/Light-Yoga-B-K-Iyengar/dp/0805210318/ref%3Dsr_1_1?ie=UTF8&qid=1472652221&sr=8-1&keywords=light+on+yoga)

**The Key Muscles of Yoga**

[https://www.amazon.com/Key-Muscles-Yoga-Scientific-Keys/dp/1607432382/ref=pd\_sim\_14\_3?ie=UTF8&psc=1&refRID=H3Z63451SNK1HM2ADTJ0](https://www.amazon.com/Key-Muscles-Yoga-Scientific-Keys/dp/1607432382/ref%3Dpd_sim_14_3?ie=UTF8&psc=1&refRID=H3Z63451SNK1HM2ADTJ0)

**Inside the Yoga Sutras**

[https://www.amazon.com/Inside-Yoga-Sutras-Comprehensive-Sourcebook/dp/0932040578/ref=sr\_1\_1?s=books&ie=UTF8&qid=1472652509&sr=1-1&keywords=inside+the+yoga+sutras](https://www.amazon.com/Inside-Yoga-Sutras-Comprehensive-Sourcebook/dp/0932040578/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1472652509&sr=1-1&keywords=inside+the+yoga+sutras)

**The Bhagavad Gita**

[https://www.amazon.com/Bhagavad-Gita-Classics-Indian-Spirituality/dp/1586380192/ref=mt\_paperback?\_encoding=UTF8&me](https://www.amazon.com/Bhagavad-Gita-Classics-Indian-Spirituality/dp/1586380192/ref%3Dmt_paperback?_encoding=UTF8&me)=